

# Escape from New York

Because even the most loyal New Yorker needs to flee the greatest city on earth sometimes.

# Hilton Head Island, SC



Hudson's Seafood House on the Docks

## Flounder around

If you love seafood fresh off the boat, **Hudson's Seafood House on the Docks** is a Lowcountry highlight. The historic oyster factory where it's housed dates back to 1912, and the iconic restaurant still employs its own fishing fleet. Come early to avoid lines, and take in the views of Port Royal Sound as you devour the overflowing Neptune's Seafood Platter.

→ 1 Hudson Rd (843-681-2772, [hudsononthedocks.com](http://hudsononthedocks.com))

## Get in tune

Located above a coffee shop in nearby Bluffton, **Roasting Room Lounge & Listening Room**, a cozy and unassuming music venue, is worth the seven-mile drive. Aside from the great acoustics in the attic space, the whiskey bar has an extensive list of offerings to sample as you hear original live music. Reserve a table online in advance to guarantee a great seat.

→ 1297 May River Rd, Bluffton (843-368-4464, [roastingroomlounge.com](http://roastingroomlounge.com))

## Trot a lot

Take a ferry to Daufuskie Island to experience the untainted tract of deep forests, empty beaches and rustic trails. Explore it on horseback with **The Equestrian Center at Haig Point**, which offers a one-hour wooded trail ride (\$100) for beginners, while more experienced riders can canter to the beach.

→ 10 Haig Point Cir (843-686-2000, [haigpoint.com](http://haigpoint.com))

## Take a chill pill

**The Indigo Spa** features a relaxation room that overlooks an oak-shaded Lowcountry

## INSIDER SECRETS

Locals give it to you straight.



**"Bluffton's Corner Perk has biscotti and handcrafted beverages."**  
—Chris

**"The music at Ruby Lee's reminds me of New Orleans."**  
—Jess

**"View exhibits from local artists at SoBA Gallery in Bluffton."**  
—Stephanie

**"Pure Natural Market has authentic Jamaican pescatarian food."**  
—Felicia



The Equestrian Center at Haig Point

lagoon. Two 35-minute treatments meant to soothe sore legs after busy days have sweet names that could pass as Starbucks drinks: Cool Stone Peppermint and the Warm Stone Cardamom (\$70 each). Treat your digits to a Mindful Manicure and Pedicure (\$35, \$45) with vegan polish and a mini-massage.

→ 14 Valencia Rd, building 2 (843-715-8970, [indigospa.com](http://indigospa.com))

## Make a splash

The island is an outdoor paradise, with alfresco activities from biking and tennis to golf and water sports. At **Shelter Cove Marina**, you can rent paddleboards or kayaks to explore the placid waterways on your own, or find an outfitter to lead you through the salt marsh, where dolphins await.

→ 1 Shelter Cove Ln (843-593-9116, [sheltercovehiltonhead.com](http://sheltercovehiltonhead.com)) ■ Michele Shapiro

## FUN FACT

In 1663, Captain William Hilton named the headland "Hilton's Head" after himself.

PHOTOGRAPHS (CLOCKWISE FROM TOP): COURTESY HUDSON'S ON THE DOCK; COURTESY HAIG POINT; COURTESY YELP; CORNER PERK

DISCOVER!

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